



**Changing Up**  
COACHING + RECRUITMENT

## NEXT CHAPTER CAREER TRANSITION & OUTPLACEMENT SUPPORT

*For organisations that  
care about what happens next*



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Change is never easy, especially when it involves letting valued staff go. The **Next Chapter** program is designed for companies that want to support their people through transition with dignity, clarity, and care.

Led by an experienced career coach, mentor, and recruiter with over 35 years of commercial experience across multiple industries, this program goes beyond CV templates and job boards. It offers real human connection, tailored guidance, and practical tools to help individuals land on their feet and thrive.

### WHAT CHANGING UP OFFERS

#### 1:1 PERSONALISED COACHING

Each participant receives focused, one-on-one support tailored to their background, aspirations, and challenges.

##### Sessions cover:

- Career direction and confidence building
- CV and cover letter refinement
- LinkedIn and personal brand positioning
- Interview preparation and strategy
- Navigating the job market effectively
- Recruitment placement

#### PRACTICAL TOOLS & MARKET INSIGHT

- Helping participants understand where they fit in the current job landscape and how to align their strengths with real opportunities.

#### EMOTIONAL & PROFESSIONAL SUPPORT

- Change can be overwhelming. Our coaching includes mindset support to help individuals maintain confidence, resilience, and motivation.

#### ONGOING ACCESS & CHECK-INS

- We remain a touchpoint even after the formal sessions conclude, offering optional check-ins or support as needed.

### WHY CHOOSE NEXT CHAPTER?

Because people remember how they were treated in moments of uncertainty. **Next Chapter** ensures your brand is associated with care, responsibility, and long-term professionalism.

Contact us to learn more or to discuss how we can support your team.

### CLIENT TESTIMONIAL

*"Tracy is an exceptional recruiter and career adviser who goes beyond the usual job-matching process.*

*She helped me uncover the true value of my experience, highlighting strengths I hadn't fully recognised and the aspects of my work that truly energise me. Her insightful guidance also opened my eyes to career paths I hadn't considered, broadening my perspective in ways that felt both exciting and empowering.*

*I highly recommend her to anyone looking for clarity, direction, or a fresh approach to their career journey."*

#### Adam Ransfield

CFO - Mānuka Health | Director - Critical | Director - ARKC Partners



### PROGRAM OPTIONS

Each package can be customised to suit your needs and budget.

#### ESSENTIAL PROGRAM

- 1 - 2 Sessions | \$800 - \$1,200 per person
- CV, cover letter, and basic career direction support

#### CORE PROGRAM

- 3 - 5 Sessions | \$1,500 - \$2,500 per person

#### FULL COACHING PACKAGE

Including brand, interview, and job search strategy

- Executive Program 6+ Sessions \$3,000 - \$5,000+ per person
- For senior staff needing deeper strategy, reflection, and bespoke support
- Team Workshops (Optional) Group CV, interview prep, or change navigation sessions
- Priced per head or as part of a package